VITALITY MEDICINE OF NEW YORK

REVITALIZE FROM WITHIN

"HEALTH IS VITALITY, NOT THE SIMPLY THE ABSENCE OF DISEASE"

Name:_____Date:_____

Program Screening Form

CHECK ALL THAT MAY APPLY:

Interested in Learning:
- ☐ Longevity Numbers
- ☐ Anti-aging Care
- ☐ Improving Current Health
- ☐ Prevention of onset of illness

Hormonal:
- ☐ Fatigue
- ☐ Brain Fog
- ☐ Slow Memory
- ☐ Sleep Disturbances
- ☐ Thyroid Issues
- ☐ Testosterone Related
- ☐ Menopausal Issues
- ☐ Hormone Replacement Therapy

Environmental Toxins:
- ☐ Mold Exposure
- ☐ Heavy Metals
- ☐ Lead
- ☐ Industrial Byproducts

Chronic Inflammation:
- ☐ Insomnia
- ☐ Anxiety
- ☐ Depression
- ☐ Diabetes
- ☐ Heart Disease
- ☐ Hypertension
- ☐ Cancer
- ☐ Chronic Pain
- ☐ Fibromyalgia
- ☐ Alzheimer's Disease
- ☐ Lyme disease

Weight Issues:
- ☐ Weight Gain
- ☐ Weight Loss
- ☐ Slow Metabolism

Digestive:
- ☐ Gas
- ☐ Bloating
- ☐ Heartburn
- ☐ IBS (Irritable Bowel Syndrome)
- ☐ Diverticulitis
- ☐ Chronic Diarrhea
- ☐ Chronic Constipation
- ☐ Lactose Intolerance
- ☐ Celiac Disease
- ☐ Food Sensitivities
- ☐ Ulcerative Colitis

Autoimmune:
- ☐ Eczema
- ☐ Acne
- ☐ Rosacea
- ☐ Hair Loss
- ☐ Psoriasis
- ☐ PCOS
- ☐ Migraines
- ☐ Hashimoto's
- ☐ Multiple Sclerosis (MS)
- ☐ Lupus
- ☐ Rheumatoid arthritis
- ☐ Crohn's Disease

The physicians and providers at *Vitality* use decades of clinical experience in medicine, based on principles of traditional, preventative and functional medicine. Our focus is a holistic approach of health and healing by addressing root causes like **environmental toxins, food sensitivities, gut health, hormones, nutritional and immune deficiencies**. They create personalized treatment plans; this preventative approach complements mainstream medicine, aiming to improve health span, longevity, and anti-aging while preventing the onset of chronic diseases through functional evaluations, lab testing, genetic predisposition testing and customized treatment. *This care is not a replacement for your internal medicine, primary care, emergency of specialist care. Any active medical or urgent care issues should be directed to your above medical providers.*

☐ **CHECK HERE if you are interested in more content and a call from our Health Coach.**

EMAIL:_____**PHONE#:**_____